

# Sonshine Academy

[www.sonshineacademy.com](http://www.sonshineacademy.com)

2415 Donaghey, Conway, AR 72032 Phone 501-327-7742

## Summer 2024 Gymnastics & Trampoline Schedule

Monday, June 3 - Friday, July 26

Updated 3/12/2024

<b>GIRLS</b>		
<b>Girls GYMNASTICS ( Kindergarten &amp; up)</b>		
<b><u>Sunrays</u></b>		
Mon.	6:10-7:10 (K) 5:05-6:05 (1-2)	
Tues.	9:15-10:15 (1-2) 10:20-11:20 (K) 4:00-5:00 (K) (1-2) 5:05-6:05 (2+) 6:10-7:10 (K) (1-2)	
Weds.	5:05-6:05 (K) 6:10-7:10 (2+)	
Thurs.	9:15-10:15 (K) 4:00-5:00 (K) 5:05-6:05 (1-2)	
<b><u>Sunrays Plus</u></b>		
Mon.	4:00-5:00 (1+)	
Weds	4:00-5:00 (1+)	
Thurs.	11:25-12:25 (1+)	
<b><u>Flares</u></b>		
Mon.	5:05-6:05 (K) 6:10-7:10 (1+)	
Tues.	11:25-12:25 (1+)	
Thurs.	10:20-11:20 (K- 1st)	
<b><u>Hot Shots</u></b>		
Tues.	5:35-6:50 (1+)	

<b>BOYS</b>		
<b>Boys GYMNASTICS (Kindergarten &amp; up)</b>		
<b><u>Flippers</u></b>		
Mon.	5:05-6:05 (K-1)	
Wed.	10:00-11:00 (K-1)	
<b><u>Twisters/Dynamos</u></b>		
Mon.	4:00-5:00 (3+)	

<b>CO-ED CLASSES</b>		
<b>Trampoline</b>		
Thurs.	5:45-6:45 (1+)	
<b>Tumble &amp; Trampoline</b>		
Tues.	11:00-12:00 (1+)	

<b>GIRLS CAMPS</b>			
<b>"Future Champions" Girls Gymnastics Camp (K+)</b>			
7/15-18 (M-Th)		1:15-3:30	
<b>Bars and Tumbling Mini Camps (K+)</b>			
Beg - Int	June 21 (F)	10:00-11:30am	
Beg - Int	June 27 (Th)	12:30-2:00	

<b>CO-ED CAMPS</b>	
<b>Tumbling (1st +)</b>	
6/3,4,6 (M,T,Th)	1:45-3:45
7/8,10,12 (M,W,F)	1:45-3:45
<b>Ninja Nerf Camp</b>	
6/3-6 (M-Th)	1:15-3:30
6/17-20 (M-Th)	1:15-3:30
7/22-25 (M-Th)	1:15-3:30
<b>Airtime Avengers Trampoline Camp (1st +)</b>	
6/11 & 13 (T,Th)	1:30-3:30
7/1 & 12 (M,Tu)	1:30-3:30

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