

2019 Swim Schedule (details on back)

| | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | |
|---------------------------------|------------------------|------------------------------|----------------|------------------------------|------------------------|----------------------|---------------|----------------------|
| | AM | PM | AM | PM | AM | PM | AM | PM |
| MINNOW 1 6-12 months | | 4:00 | 9:00 | | | | 9:45 | |
| MINNOW 2 13-24 months | 9:45 | 5:30 | 11:15 | | | 6:15 | 4:00 | |
| MINNOW 3 25-36 months | 10:30 | | 9:45 | 5:30 | 9:00 | 7:00 | 4:45 6:15 | |
| OTTER 3-5 | 9:00 10:30 11:15 | 4:00 4:45 5:30 7:00 | 9:45 10:30 | 4:45 6:15 | 9:45 10:30 11:15 | 4:00 5:30 6:15 | 9:45 10:30 | 4:45 5:30 7:00 |
| OTTER 6-12 | 10:30 | 4:45 6:15 | 9:00 | 4:00 5:30 6:15 7:00 | 10:30 | 4:45 | 9:00 11:15 | 5:30 6:15 |
| ANGEL FISH 3-5 | 9:00 9:45 | 4:00 5:30 6:15 | 10:30 11:15 | 4:00 4:45 5:30 | 9:00 10:30 11:15 | 4:00 5:30 6:15 | 9:00 10:30 | 4:00 4:45 7:00 |
| ANGEL FISH 6-12 | 11:15 | 4:45 | 9:45 | 4:45 7:00 | 9:00 | 5:30 7:00 | 9:45 10:30 | 4:00 5:30 |
| STING RAY 3-5 | 9:45 | 5:30 6:15 | 11:15 | 4:00 7:00 | | 4:00 4:45 | 11:15 | 4:45 |
| STING RAY 6-12 | | 4:00 7:00 | 10:30 | 4:45 6:15 | | 5:30 7:00 | 9:00 | 6:15 7:00 |
| BARRACUDA | 9:00 | 7:00 | | 4:00 6:15 | 9:45 | 4:45 | 11:15 | 4:00 5:30 |
| SHARKS | | 4:45 6:15 | 9:00 | 5:30 | 9:45 | 4:00 | | |
| DOLPHIN | | | | | 11:15 | 4:45 | | |
| THE BIG SPLASH | | | | | | | | |
| BEGINNER | | 4:30 | | 4:30 | | 4:30 | | 4:30 |
| INTERMEDIATE | | 5:15 | | 5:15 | | 5:15 | | 5:15 |
| ADVANCE | | 6:00 | | 6:00 | | 6:00 | | 6:00 |

2019 Sonshine Swim School Class Schedule

(501) 327-7742 www.sonshineacademy.com

Sonshine Swim School runs May 27 - August 2

Minnow classes are 30 minutes long and all other classes are 40 minutes long.

All classes are Monday - Thursday.

Fridays are reserved for make up classes in case of cancellations due to inclement weather.

*** No classes on Mon. 5/27, (Memorial Day). Memorial Day classes will be made up on Fri. 5/31.

*** No classes on Thur. 7/4 (Independence Day). July 4th classes will be made up Fri. 6/28.

Levels

Minnows = 6 to 36 months old. Adult participation and interaction!

Minnows are swim lessons for 6-36 month olds. Minnows are broken into 3 groups based on age: Level 1 (6-12 months), Level 2 (13-24 months), & Level 3 (25-36 months). The goal for minnow's is to develop a comfort in and under water; and to teach water safety to both the child and caregiver. All minnows will be required to wear a disposable swim diaper AND a reusable swim diaper (both may be purchased in our pro shop).

Otters = 3-5 year olds & 6-12 year olds

Otters are beginner swimmers. These students will probably be a little anxious about swim lessons and have little swimming experience. Otters will work on becoming comfortable in the water, with an end goal of full body submersion.

Angel Fish = 3-5 year olds & 6-12 year olds

Angel fish voluntarily submerge themselves underwater. They will work on improving their breath control, floating independently in water, and the basics of the front crawl.

Sting Ray = 3-5 year olds & 6-12 year olds

Sting Rays should be comfortable in the water and able to float independently for 5 seconds. Sting Rays will learn how to roll over out of a float, hold their breath 7-10 seconds, front crawl the width of the pool, and jump in and return to the wall safely.

Barracuda = 3+ year olds

Barracudas should be comfortable and confident in the water. These swimmers are not beginners and are ready to learn swim strokes. Barracudas will learn the basics of the freestyle stroke, how to tread water for up to 2 minutes, roll over breathing, and object retrieval.

Sharks = 4+ year olds

Sharks are confident in the water and are ready to learn more difficult skills. Sharks will learn breast stroke, how to swim the length of the pool, and assisted shallow water diving.

Dolphins = 5+ year olds

Dolphins are advanced swimmers and should be able to swim the length of the pool before entering this class. They will learn backstroke, survival float, and shallow water diving independently.

Registration & Tuition Information

Registration: If your child's annual registration is current because they participate in other Sonshine Academy programs (gym, dance, cheer, etc.), no registration fee applies for swimming. However, if the only program your child will be participating in is swimming, the registration fee is \$15 per child per summer. There is no registration fee for swim camps. A student is considered registered for a class when all registration fees and tuitions are paid in full.

Make-up Policy:

Classes= Make-ups are allowed for classes only.

Camps= No make-ups or refunds for personal absences, illness, vacation, etc.

Summer 2019 Swim Tuition Schedule

Tuition is due by the dates listed below. Tuition paid after that will incur a \$7 Billing Fee.

There are 10 weeks of classes this summer. Tuition will be split into two payments, each for five weeks.

Swim Tuition is Not Refundable.

For the 5 weeks of May 27 - June 28
For the 5 weeks of July 1 - August 2

Tuition due date

May 23
June 23

Class Length:

30 minute
40 minute

Price

\$64
\$78

The Big Splash Camps May 20-23:

1 Week camps (4 lessons Monday-Thursday)

Price

\$65

\$5.00 Multi-Class Discount: Only ONE tuition in your family pays full price. All other tuitions in a family are discounted \$5.00